

SEPTEMBER 2005



COLUMBIA CATALYST

VOLUME 1, ISSUE 6

Living Beyond Myself

Fall Emphasis

September 11 - October 2, 2005

Special Worship & Sunday Morning Bible Study Emphasis

Regional Training: Moving From Sitting to Serving (September 17)

Appreciation Lunch for Lay Ministers (September 18, 12:30 p.m.)

Ministry Fair and Outdoor Festival (October 2, 4-7p.m.)

Every Member A Minister!

Columbia's core value of "Gifted Servanthood" is the theme of this year's Fall Emphasis. Join us beginning the Sunday following Labor Day for a four-week exploration of what it means to serve. The emphasis will include special worship opportunities highlighting service and a special sermons series by Dr. Jim Baucom based on 1 Corinthians 12 and 13. Bible study classes will come together for a study of the book *Living Beyond Myself* where we are challenged to "just jump in" to ministry. As a church family we will show appreciation to our many lay ministers at a special luncheon. We will also host a regional training event for leaders of volunteers in the Washington D. C. area. See the article inside for more information.

Culminating the emphasis will be an exciting Ministry Fair and Outdoor Festival where ministry teams throughout Columbia (including the language congregations) will host booths to highlight their ministries and provide information about "trial serve" opportunities for Columbians. Fellowship and fun, including games, entertainment, and food are also planned. What a wonderful way to kick-off the fall and get involved in ministry at Columbia! Don't miss out!

AVAILABLE IN THE COLUMBIA BOOKSTORE

In support of the Living Beyond Myself fall emphasis, we are highlighting several books that will enhance your study this month. Lay ministry involves the service of believers in and through the local church based on their unique God-given spiritual gifts, personality, personal passion, life experiences and talents. God creates each of us for a unique purpose, a special role that we are qualified to play and passionate to pursue.

Several of the books listed below will be available in the church bookstore and will be featured on a special "Living Beyond Myself" book shelf.

THE VOLUNTEER REVOLUTION by Bill Hybels, Zondervan, 2004. This book, referenced in the "Living Beyond Myself" Sunday School material, is written by Bill Hybels, pastor of Willow Creek Community church. This book will get you excited about service in the local church as it explains the Biblical mandate for lay ministry and then gives story after story of the exciting things that can happen when God's people join him in their unique place of service in the local church. This is an easy and inspiring read!

YOUR SPIRITUAL GIFTS CAN HELP YOUR CHURCH GROW by C. Peter Wagner, Regal Books, 1994. This exciting and challenging book is perhaps the best resource available on spiritual gifts and how they are actually used in service to a

healthy and growing church. It is exciting to consider that many different ways God gifts us and how those unique gifts are used to directly serve those in the church. Read this one and let your mind begin to conceive of the exciting ways God creates us for his purpose!

UNFINISHED BUSINESS - Returning the Ministry to the People of God by Greg Ogden, Zondervan, 2003. In this groundbreaking book, Greg Ogden makes the case that The Reformation restored Scriptures to the people, but that that was only half of the job. God is moving in the church now to complete her "unfinished business" of placing ministry back in the hands of the people. Ministry is not just the domain of clergy, but belongs to the entire body of Christ.

PLEASE UNDERSTAND ME 2 by David Keirsey, Prometheus Nemesis Book Company, 1998. This fun and interesting resource book explores the sixteen different Myers-Briggs personality types and includes a self-test to help you determine your unique type. This book will open the window on personality types and allow you to learn a little more about yourself and those close to you.

WHAT YOU DO BEST IN THE BODY OF CHRIST by Bruce Bugbee, Zondervan, 1995 (www.networkministries.com) This book provides a simple overview into the discovery of your spiritual gifts, personal

style and God-given passion. This interactive book will allow you to learn about lay ministry and actually discover your unique service profile through teaching and questions. This book is related to "Network", the study that has been incorporated into Journey With Christ #3 - Discovering Ministry.

THE PURPOSE DRIVEN LIFE by Rick Warren, Zondervan, 2002. This well known book has topped the best seller lists for months. Have you read it yet? You should. This book will help you understand why you are alive and God's amazing plan for you. Presented as a 40 day study, this book has been called a "blueprint for Christian Living in the 21st century". Several chapters of this book focus directly on the call to service in the local church.

HALF TIME: Changing your Game Plan from Success to Significance by Bob Buford, Zondervan, 1994. This challenging and thought provoking book challenges you to "call half time" and reflect on where you are going in life and why. This important time of transition will give you new vision and excitement for making the second half of life the most rewarding half. This is a great, easy read, especially for those nearing mid-life or retirement.

BOOKSTORE HOURS

Sundays 8 a.m.—1 p.m.
Mondays 6 p.m.—8:30 p.m.
Wednesdays 9:30 a.m.—noon
5 p.m.—8 p.m.

You may also place an order by emailing bookstore@columbiabaptist.org

EVERY MEMBER A MINISTER—SPOTLIGHT ON THE INFORMATION CENTER MINISTRY TEAM

Columbia is blessed to have many volunteer ministers in our midst. They perform invaluable roles and allow Columbia to realize its full potential of "Igniting Passion for Jesus Christ from Metro Washington to the World." In order to show appreciation for these ministers and to allow other Columbians to learn about the many ways to be involved here, the Lay Ministry area is honored to be able to share this spotlight with you each month.



We are highlighting the **Information Center Ministry Team** this month because of their exemplary service in recent weeks during my [Beverlee Peck, Receptionist] extended medical absence. Jean and George Lowrance took the lead to see that the Front Desk was covered by calling and scheduling regular team members, inviting two new ladies to serve and then filling in the gaps whenever they were needed! They greeted the many guests and callers



with a friendly and helpful "voice of Columbia." Last year when I was out for a similar medical leave, the team led by Arline Minot and Debbie McNair served in this same way. This is faithful service!

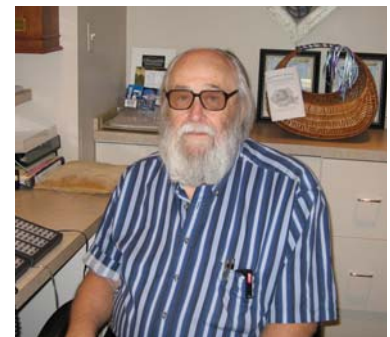
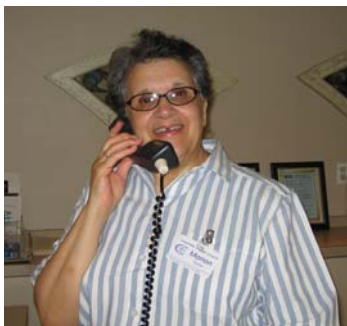
THANK YOU to team members **Jean and George Lowrance, Arline Minot, Karlene Pankey, Debbie McNair, Marion Taylor, Marian Wiles, Irene Smith, Carol Morris, Heather Mayhew, and Janis Lenderman**. In June they served **112 hours** and in July **166 hours!**

The team members serve year round and often serve 60 – 90 hours per month. Not only do they greet visitors and answer

phone calls giving out a variety of information, they also help as needed with vehicle scheduling, volunteer and vehicle reports, phone research and follow-up, filing, stuffing projects, following up on returned mail – and more. This team also hosts the Information Center on Sunday mornings, playing a critical role as they answer questions, greet members and guests, sell event tickets, process audio tapes of the sermons – and more. They often thank me and tell me how much they enjoy serving.

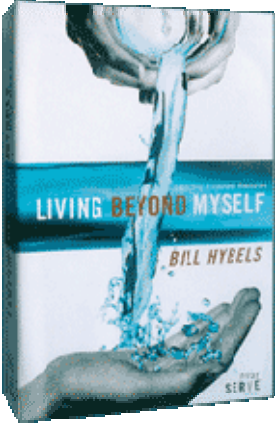
If you are interested becoming part of our team we would love to have you! Join the fun and make a difference as one of the first people to make a positive impression giving Columbia's "Warm Welcome" to visitors and members at the Information Center.

To learn more about how you can serve, contact Beverlee Peck at 703-534-5700 or bpeck@columbiabaptist.org. If you want to serve at Columbia, but are interested in other opportunities, please contact Jeanine Bush, Director of Lay Ministry, at jbush@columbiabaptist.org or 703-534-5740 ext. 272.



Clockwise from top: Arline Minot, Debbie McNair, George Lowrance, Jean Lowrance, Marion Taylor, Marian Wiles, and Karlene Pankey.

SUNDAY SCHOOL JOINS THE FALL EMPHASIS, BEGINNING SEPTEMBER 11



Sundays at 9:45 a.m. and 11 a.m.

The Sunday School Ministry team is excited to partner with the Lay Ministry Support area to bring you this year's Fall Emphasis and Sunday morning study based on *Living Beyond Myself*. The study will allow each class to explore the desire we have for living beyond ourselves. This year's four-week study will encourage each one of us to live lives of meaning and purpose by accepting Christ's challenge to serve others instead of serving ourselves. The team's hope is that by humbly offering ourselves to serve others we will all experience satisfaction and the abundant life God intends for each one of us.

If you are not currently part of a Sunday morning study, please stop by the Welcome Center (room 222) and they will be glad to help you find just the right place to join in on this very special study. You won't want to miss out on what everybody will be talking about around Columbia. It is going to be an exciting month!

CALLING ALL HELPING HANDS

Get a jump-start on "Living Beyond Myself" by helping with the Ministry Fair and Outdoor Festival on Sunday, October 2. Volunteer yourself or your Sunday School Class to help with one or more of the following opportunities:

- Set-up – Help in the afternoon on October 2nd as we set up tables, a stage, AV equipment, and more.
- Create the mood – Help in the afternoon on October 2nd as we decorate the area – blow up balloons, string lights, hang signs, etc.
- Clean up – Many hands will be needed after the fair to take down decorations, bring in tables, clean up the food, etc.
- Be a greeter – On the day of the event, a team is needed to give a warm welcome, as well as provide logistical information.
- Prior to the event, during the day or evening – One or more people are needed to help with copying and collating materials to be handed out at the fair.
- Be a builder! Prior to the event we need a team of people who can build things! Is this your gift? We need help building booths, archways and other structural items for the event.
- Organization – There are still opportunities to use your gift of administration as we plan and organize for the event.

Please contact either Karen Harwell (703-534-6904, keharwell@yahoo.com) or Jeanine Bush (703-534-5740 x272, jbush@columbiabaptist.org) to help or for more information. **October 2 is closer than you think!**

MULTIPLY YOUR MINISTRY: MOVING FROM SITTING TO SERVING

Saturday, September 17, 2005

Columbia will host this **one-day training class** for churches across the Washington, D.C. area. Topics include: The Biblical Foundation of Equipping, What a Healthy Equipping Church Looks Like, Building an Equipping Culture, and The Role of Ministry Teams.

If you are a leader of volunteers, please plan to join us for the exciting seminar from 8 a.m. – 3 p.m. in Stephenson Hall. **To receive Columbia's group rate of \$39 per person, you must register through the Lay Ministry area (703-534-5740 x272) by September 12.** For more information on the conference, go to www.group.com/cvclive.

“CONNECT” BY EXTENDING VISITORS A WARM WELCOME!

CONNECT, Columbia's newest ministry, is CONNECTing guests to the Columbia family. Each week, the CONNECT Ministry Team will contact guests who have visited with us in worship or Sunday School, ensuring that they receive a warm welcome and learn about Columbia and its ministries in order to quickly become a vital part of our church family.

If you have the gifts of hospitality and encouragement and are interested in being a part of this important new ministry, please join us for a **Training Class for all prospective team members on Wednesday, September 7th from 6:30 – 8:00 p.m. in Room 127.**

Contact Maria Wojciechowski, CONNECT Ministry Team Leader (mariawojo@comcast.net) or Jeanine Bush, Director of Lay Ministry, for more information or to RSVP for the training.

We look forward to your being a part of the exciting things God is doing as he continues to grow our church family!

WOMEN'S WEDNESDAY NIGHT BIBLE STUDY

September 14 through November 30, 6 – 7:30 p.m. - Room 229

Enjoy Columbia's Wednesday night dinner with a group of intergenerational women as we eat together and listen to Beth Moore bring her dynamic teaching and passion for God's Word through this new study *The Patriarchs: Encountering the God of Abraham, Isaac, and Jacob*. Full of twists and turns, ruin and redemption, revelation and mystery, this study of Genesis 12–50 will keep you captivated by the God who stars in it!

Throughout this 11- week study we will explore concepts such as blessing, covenant, and promise, and the bearing each has on a New Testament believer's life today. This class's focus also allows for a great follow-up and review of Dr. Baucom's recent sermon series as we explore some of the Hebrew names of God. Join facilitators Carolyn Crownover, Ruth Claussen, Sandi Rogers, and Debbie Jaeger for a great journey through Genesis 12-50.

FAITH, FRIENDS, AND FOOD: THE ALPHA COURSE IS HERE

Columbia will begin another cycle of the Alpha Course on September 28. The Alpha Course is a practical introduction to the Christian faith. Through a DVD presentation and small group discussion, participants discuss some of the fundamental questions of the faith, such as “Is Christianity True?”, “Who is Jesus?”, “Why should I read the Bible?”, “Why and how do I pray?”, and “What is the Church?”

The ten-week Alpha Course will be offered on Wednesday nights in Room 230 beginning on September 28. Participants will have dinner together starting at 6 p.m. with the session beginning at 6:30 p.m.

This course is ideal for friends and co-workers who are interested in knowing more about the Christian faith. For more information about the Alpha Course, or to pick up a registration form, see the Alpha Course display on the Ministry Wall. To register for the course, please contact Eric Reiser, Evangelism Fellow, at 703-534-5740 ext. 270, or at ereiser@columbiabaptist.org.



Alpha

THE JOURNEY HAS JUST BEGUN—IT'S NOT TOO LATE TO JOIN!

As followers of Jesus each one of us needs to be intentional about becoming more like Him. *Journey with Christ (JWC)* provides us with the opportunity to do just that! *JWC* was introduced two years ago in September and has had a major impact on participants' spiritual lives. The new sessions will begin on **Sunday, September 11, at 6 p.m.** All four of the eight-week sequential phases will be available as well as a few other topic-specific courses, called "flights."

101: Becoming Intentional – Dr. Baucom leads the group in a review of Christian and Baptist beliefs, the history of Columbia, and an introduction to spiritual disciplines.

210: Practicing the Disciplines – Small groups of 12-14 people explore and live out the spiritual disciplines of journaling, Bible study & mediation, prayer, silence & solitude, worship and more.

301: Discovering Ministry – Small groups of 6-8 people study and determine their spiritual gifts, passions and personality type and how to use those in the ministry of Jesus Christ.

401: Igniting Passion – Again, small groups meet to discover their individual missions and ministries and put them into action as they "ignite passion for Jesus Christ from Metro Washington to the world!"

If you have never participated in *Journey with Christ*, we encourage you to sign up for **Becoming Intentional** for the Fall session. If you have completed other phases but have not moved on, jump back into the journey! May we travel the journey to become more like Jesus together!

Flight # 112: Crown Ministries This small group study is an in-depth study of what scripture teaches about money and possessions. Learn what it takes to become a consistent saver, generous giver, and prudent consumer. Most importantly, enter into a closer relationship with Jesus Christ as you learn to apply His teaching. Cost: Individuals \$45, couples \$55.

Flight # 113: Experiencing God Learn to hear when God is speaking to you and be encouraged to find out where God is working in the world around you so that you can join him. *Experiencing God* leads you in an exploration of the seven vital aspects of your relationship with God: knowing, loving, hearing, joining, believing, obeying and experiencing. Cost: \$15 for participant's workbook.

Flight # 213: GIFT: Learning a Lifestyle of Service! Through personal study and small group interaction, this flight will help you develop a passion to be used by God. You'll discover the joy of serving with others - doing together what you cannot do alone. And you'll learn how to abide in Christ, experiencing a freshness and vitality that grow as you give! Cost: \$5 for participant's guide.

Flight # 312: Becoming a Contagious Christian The flight will give you a hands-on way of developing your own evangelism style. The exercises, video vignettes, group, and individual activities will help teach you how to bring unbelievers to Christ effectively. BCC avoids stereotyped approaches to evangelism that can be intimidating and uncomfortable. Instead, it teaches Christians natural and powerful ways to communicate the message of Christ with today's world.

TWO NEW ADULT SUNDAY MORNING BIBLE STUDY CLASSES

Beginning **Sunday, October 9**, two new adult Sunday morning bible studies will be introduced.

9:45 am Contemplation: Listening to God – this class experience is designed for those who already relate to God through contemplative means or those who would like to explore the contemplative experience. Using Jan Johnson's book, *Listening to God*, as the resource, this group will use meditation on a weekly basis as a means to explore scripture together. Meditation allows members to savor the text as they enter into it, allows the text to ask questions of its reader, and allows each an opportunity to let God speak to them personally. Sandi Rogers and Don Dailey will form the leadership team of this class.

11:00 am Jesus Creed – This class will be based on the study of Scot McKnight's book, *The Jesus Creed*. Explore how Jesus connected the ancient Jewish commandments to "love the Lord your God with all your heart, soul and strength" and to "love your neighbor as yourself" in order to create a creed that transformed his disciples' lives. Each member will receive a copy of *The Jesus Creed* and a participant's guide and journal. Bob and Ruth Page and Amy and Wil McMillen will form the leadership team of this class.

FROM THE ORCHARD AND THE RAINBOW DESK

“IT TAKES A VILLAGE”

Summer is now a memory. School is back in session. Adults are back to regular schedules. Columbia is back in full swing.

One of the best memories of summer was Vacation Bible School. Columbians ministered to approximately 450 children each day, preschool-aged to grade 5. So what made this year’s VBS so successful? LAY MINISTERS.

The need for lay ministers in our Children’s Ministry continues long after Vacation Bible School is over. As we begin another season of Igniting Passion for Jesus Christ in Children and Families from Metro Washington to the World we have many ministry opportunities available. Our needs are in several areas with varying time commitments. Cur-

rently we are seeking lead teachers, assistants, care-givers, a snack preparer, resource room coordinators, greeters, and children with special needs shadow, to name just a few.

Please pray for the Children’s Ministry as we begin another exciting time of teaching children about Jesus’ love for them. Please also pray for people to come forward and commit to ministering to our children at Columbia. Remember, IT TAKES A VILLAGE for us to be successful.

If you would like further information about our needs, or if you are interested in a position, please contact LuAnn Carrig, Interim Children’s Ministry Director at lcarrig@columbiabaptist.org or 703-534-5740, ext. 268.

GIVE THE GIFT OF LIFE: INOVA BLOOD DRIVE RETURNS TO COLUMBIA

For many years, Karlene Pankey and her crew of volunteers coordinated blood donation drives here at Columbia. After a period of time without a blood drive, Columbia is once again offering this public service for members, attenders, and residents of our community.

On Wednesday, September 21, Inova Blood Services will welcome qualified donors between 4 and 8 p.m. in Room 146/149. Your participation is critical to

helping save the lives of those who desperately need blood due to surgery, illness, or accident.

Please watch for details for signing up to donate blood. Appointments make the flow of people traffic more manageable, but no eligible donor will be turned away. Be a life saver—donate blood! This opportunity is sponsored by your Parish Health Ministry Team.

JOY SINGERS BEGIN A NEW SEASON

After taking a brief summer hiatus, the Joy Singers are set to resume rehearsals on Tuesday, September 6 at 10 a.m. in Room 229. The Joy Singers are a group of mostly retired men and women who sing together for the purpose of expressing the love of Jesus through music to area nursing homes, senior adult living facilities, and churches.

This fall’s schedule includes a day retreat at Columbia’s Retreat Center in October, as well as the following important dates:

- September 28, October 26 & November 18: Singing for Mid-week Manna Services
- November 29: Concert at Culpepper Retirement Center
- December 1: Hosting group from Redbank, Tennessee
- December 6: Concert at Goodwin House at Baileys Crossroads
- December 13: Concert at Sunrise, Falls Church & Christmas Luncheon

If you love to sing and are available on Tuesday mornings to rehearse from 10–11:30, please join us. **There is NO upper or lower age limit!** If you would like more information or have any questions, please call Al Gammons, Joy Singers choir president at 703-538-6793.

YOU CAN WRITE FOR THE CATALYST! CONTACT KRISTIN CLIFTON, COMMUNICATIONS MANAGER, IF YOU ARE INTERESTED IN REPORTING ALL THE NEWS THAT IS FIT TO PRINT.

COLUMBIA INSTITUTE OF FINE ARTS OFFERS THREE NEW PROGRAMS THIS FALL

Nurtured by Love: the Suzuki Violin studio of Hannah Choi

In his trailblazing book, aptly titled *Nurtured by Love*, world-renowned violinist and teacher Shinichi Suzuki presented the philosophy and principles of his teaching methods for developing the natural abilities of every child. Students begin violin instruction between the ages of 3-6 and often achieve remarkable skills at a very early age. An equally important benefit of this instruction is that it encourages profound musical bonding between parent and child. The Institute will offer this wonderful new program under the instruction of Miss Hannah Choi, daughter of the Rev. Samuel Choi, pastor of Columbia's Korean congregation. Hannah, herself a product of the Suzuki method, has a music degree in violin performance, has participated in many workshops and competitions and has earned many awards and much praise. She is presently working on her Masters Degree in Suzuki pedagogy.

The Institute will offer an open house and information session for parents interested in enrolling one or more of their children in this program.

Music Therapy

Music therapy is an established healthcare profession that uses music to address physical, emotional, cognitive, and social needs of individuals of all ages. Music therapy interventions can be designed to promote wellness, manage stress, alleviate pain, express feelings, enhance memory, improve communication, and promote physical rehabilitation. Research in music therapy supports its effectiveness in a wide variety of healthcare and educational settings.

The Institute will offer this program initially to children between the ages of 3-10 who have developmental disabilities. The instructor, Mrs. Carole Thomas, is already known to Columbians as one of the instructors in the Institute's highly popular Musikgarten program. Carole holds a Masters Degree in Voice Performance and is a licensed, board-certified music therapist. She has extensive training and credentials as well as substantial experience in her own private practice implementing music therapy programs for various county agencies in Northern Virginia.

Music Theory I

This new 10-week course, beginning September 12, 2005, is designed for middle school through high school students who are interested in expanding their study of music through theory as well as for those students wishing to continue their musical study at the college level. The instructor, Miss Melinda Randall, is a piano instructor at the Institute.

Interactive projects, improvisation, and rhythmic exercises will help the students learn the building blocks of music. Students will learn how to read notes in the treble and bass clefs, and they will learn rhythmic patterns, simple meter, phrasing, dynamics, tempo, musical symbols, and notation.

Classes will be held on Mondays from 6:00 pm - 7:00 pm.

Please call the Institute at (703)534-2508 for additional information regarding these or any programs of the Institute.

Remember that the Columbia Institute of Fine Arts is an outreach of Columbia, so please provide this information to anyone outside of Columbia whom you think might be interested!



Presents

Cornelia Frazier, soprano

in recital with

Ruth Locker, piano and

Sharyn Byer, flute

September 9, 2005 at 7:30 p.m.

Chapel at Columbia

Free Admission

For further information, please call (703) 534-2508

THOUGHTS ON TRINIDAD, FROM RYAN WALKER

Thirteen Columbians went on a week-long mission trip to a village outside Port-of-Spain, Trinidad. For five nights, we performed eye exams and matched each person up with appropriate glasses, free of charge. We also offered worship services, for which I led singing and Eric Reiser preached. The turnout was great and the villagers were overjoyed to be able to read their bibles for the first time.

Among many amazing experiences, here's something I feel especially compelled to share. In Trinidad, air conditioning is expensive, so people use electric fans or get used to sweating. They drive cars accessorized only with running engines and scrape together for years to build a modest house on the family land. They don't live a privileged existence by our standards. But not one person we met was grumpy, bitter, or anything but a model of contentment and joy. The way Christians in Trinidad praise God, you would think He created the universe. How do Americans respond to our endless creature comforts? We want more. We even want others to have less so we can have more. Unlike the people Jesus rebuked in Luke 12:21, my new friends are rich with God's love.

Experiences like this provide matchless perspective. We should all get out more.



An evening of worship in Trinidad at Bally and Mala's home (top photo). Ryan Walker, Stephanie George, and Dave Foerter lead worship along with Pastor Benny on bass (in background).

6:29 SATURDAY NIGHTS AT COLUMBIA

Starting October 15, Columbia will offer a whole new worship opportunity on Saturday nights. Why should you consider Columbia's Saturday night worship? Join us because you enjoy great contemporary praise music. Maybe you have friends who are more likely to visit Columbia with you on a Saturday night, in a more casual setting.

Or, maybe you decide that by worshipping on Saturday nights you can serve at Columbia on Sunday mornings in other ways! Whatever your reasons, we are excited about this new opportunity to worship together and hope you will join us.

If you would like to be an integral part of the ministry team that will get this service up and running, contact Knox or Shelley Thames via email at thames22@juno.com.



HENRY BLACKABY IS COMING TO COLUMBIA

In partnership with the C.S. Lewis Institute, Columbia will be hosting a weekend seminar, "Walking with God in Daily Life" with Henry Blackaby, September 23 and 24. Blackaby is best known for creating [Experiencing God](#).

With registration at 6:30 p.m. on Friday night, the first session begins at 7:30 p.m. in our Sanctuary. The evening will be completed with the closing session ending at 9:50 p.m. Saturday morning coffee will be available at 8:30 a.m., with the first session beginning at 9:00 a.m. The program will be completed before noon. Check the Ministry Wall for a detailed brochure about this event.

If you are interested, register through Sandi Rogers to receive our group rate of **\$35 per person**, versus the \$49 rate if you register individually. Your check must accompany your registration to guarantee your place. This conference may fill up quickly. Let Sandi know NOW! Registration deadline is September 15 to receive this group rate. You can leave your name and check at the Information Center.

YOU ARE INVITED TO GET AWAY AND EXPERIENCE GOD'S PRESENCE

Contemplative Retreat

October 14-16, Columbia's Retreat Center, Winchester, VA

Experience some uninterrupted time listening to and talking with God. Friday night, beginning at 8 p.m., we will explore contemplation and begin Saturday with a morning of silence. There will be some times of guided meditation and exploring *lectio divina* as ways to listen to God's Word.

If you have never experienced long periods of silence and contemplation, this would be a great opportunity to begin. Help and guided material will be available. We will return Sunday following breakfast and a time of reflection. **ONLY 20 SPACES AVAILABLE! Register NOW!** \$60 includes your food Saturday & Sunday morning, lodging, materials and a copy of Henri Nouwen's *The Inner Voice of Love*. To make reservations sign up at the Information Center or contact Sandi Rogers, srogers@columbiabaptist.org or 703-534-5740, ext. 265.

Sponsored by the Prayer Experience Ministry Team.

WHERE DOES GOD WANT YOU TO SERVE?

WOMEN'S BRUNCH, Saturday, October 22

Empowering Women to be the Hands and Feet of Christ

10 a.m.—12:30 p.m.

Tickets are \$10, bring a neighbor or friend for \$8

Food by chef Doug Cook

Child Care available by reservation.

Hosted by Women's Ministry Team and Women's Mission Team

OUR LANGUAGE CONGREGATIONS

Arabic Congregation

Sunday 5:30 pm Worship, Chapel

Friday 7:30 pm Bible Study

Hispanic AM Congregation

Sunday

9:30 a.m. Culto en Espano, Chapel

11:30 am Escuela Dominical Rm 309

6:30 pm Estudio Biblico, Rm 309

Wednesday 7:00 pm Culto de Oracion, Chapel

Hispanic PM Congregation

Sunday

1:15 pm Worship, Sanctuary

3:30 pm Bible Study, Rm 127

Wednesday 7:30 pm Prayer Meeting, Rm 308

Korean Congregation

Sunday

10:00 am Bible Study, Rm 103

11:30 am Worship, Chapel

Wednesday 7:30 pm Rm 309

Portuguese Congregation

Saturday

6:00 pm Esudo Biblico, Rms 201, 202

7:00 pm Encontro de Adoracao, Chapel

Russian Congregation

Sunday 1:30 pm Worship, Chapel

Wednesday 7:30 pm Prayer Meeting & Bible Study, Rm 109

Vietnamese Congregation

Sunday

2:00 pm Bible Study, Rm 109

3:30 pm Worship, Chapel

Thursday 7:30 pm Prayer Meeting, Chapel

EVERY WEEK AT COLUMBIA

Sundays

8:30am Contemplative Service
 9:45am Celebration Service & Sunday School Classes
 11am Classic Service & Sunday School Classes
 4pm Gospel Choir Rehearsal, Rm 124
 6 pm Journey with Christ (starts 9/11)
 6 pm Beyond the Edge (Youth Worship) 301 N. Washington

Mondays

7 pm Columbia @ Greenspring Worship Service

Tuesdays

6:30 am Men's Bible Study / Breakfast, Stephenson Hall
 7:30am Women's Bible Study, Rm 230
 10am Joy Singers Rehearsal, Rm 229
 7pm Compassion, 206 N. Washington Street (starts 9/13)
 8:00 pm College Bible Study, 301 N. Washington Street

Wednesdays

9:30am World Friends English Classes, Rm 100
 5:15-6:50pm Wednesday Family Dinner, Stephenson Hall
 6pm STARS (ages 3 thru 6th grade), Rm 158, 161, 327
 6pm Women's Bible Study, Rm 229
 6:30 Soul Café, Stephenson Hall
 6:30pm MidWeek Manna, Sanctuary
 6:30pm Orchestra Rehearsal, Rm108
 6:45pm Men's Bible Study, Rm 229B
 7:30pm Sanctuary Choir Rehearsal, Rm 124

Thursdays

7am Men's Bible Study, Rm 230
 9:30am World Friends English Classes, Rm 100 (starts 9/8)
 11am Columbia's Quilters, Rm 230 (starts 9/8)
 6:30pm Celebration Praise Band Rehearsal, Stephenson Hall
 7pm First Place Bible Study, Rm 127 (starts 9/8)

Fridays

9am Laity Prayer Group, Rm 203

Saturdays

9:30am-Noon Columbia Center for Missions Open

SUN	MON	TUE	WED	THU	FRI	SAT
SEPTEMBER 2005				1 Deacons Meeting, 7pm, Rm 229	2	3
4	5 Offices / Building CLOSED—Labor Day	6 Sunday School Ministry Team, 6:30pm, Rm 201	7 World Friends ESL Classes Registration, 9:30am, Rm 100 Transportation Team Meeting, 6pm, Rm 201 CONNECT Ministry Team Training, 6:30pm, Rm 127 Regular Evening Activities resume	8 World Friends ESL Classes Registration, 9:30am, Rm 100 First Place Orientalion , 7pm, Rm 127 Impl Team, 7pm, Rm 201	9 Cornelia Fraizier Recital, 7:30pm, Chapel	10 FFMA Leadership Meeting, 9am, Rm 127 Metro Mission, 3:30pm
11 Living Beyond Myself—Churchwide Emphasis, all month A-Team Meeting, 12:30pm, offsite Shields SS Dept., 12:30pm, Rm 229B Finance Committee, 12:30pm, Rm 229 Women's Ministry, 12:30pm, Rm 201 Driver Training Mtg, 5pm, Rm 140 New Christian Class, 5pm, Rm 336 Regular Evening Activities Re-	12	13 World Friends ESL Classes Registration, 9:30am, Rm 100 Parish Health Ministry Team Mtg, 7 pm, Rm 127 Compassion, begins, 7pm, 301 N Wash. St, Rm 206,	14 World Friends ESL Classes begin, 9:30am, Rm 100 Wed. Evening Activities	15 World Friends ESL Classes begin, 9:30am, Rm 100 Coaching Team Meeting, 7pm, Rm 229	16	17 Volunteer Central Training, 8am, Stephenson Hall
18 Appreciation Lunch for Lay Ministers, 12:30 pm, Stephenson Hall (Business Meeting following lunch) New Christian Class, 5pm, Rm 336 Regular Evening Activities 6pm	19	20 Lyons-Candler Mission Group, 12pm, Rm 230 Discipleship Ministry Team, 7pm, Rm 202	21 Begaye Circle, 10am, Rm 222/Parlor Inova Blood Drive, 4—8 pm Rm142, 146/149 Choir Officer Meeting, 5:15pm, Rm 229A Wed. Evening Activities	22 Columbia Travelers Trip, offsite	23 CS Lewis-Henry Blackaby, 6:30pm, Sanctuary/ Stephenson Hall	24 CS Lewis-Henry Blackaby, 8:30am, Sanctuary/ Stephenson Hall
25 New Christian Class, 5pm, Rm 336 Regular Evening Activities, 6pm	26	27	28 Alpha Course, 6pm, Rm 230 Wed. Evening Activities	29	30	

WEDNESDAY DINNER MENU

Wednesday, September 7

Asian Style Cabbage Salad, Teriyaki Chicken, Stir Fried Rice, Dessert: Orange Cake
 Kids- Ravioli, Steamed Carrots, Chocolate Pudding

Wednesday, September 14

Mixed Green Salad, Spaghetti with Meat Sauce, Italian Herb Vegetables, Italian Bread, Dessert: Pound Cake with Caramelized Bananas
 Kids-same

Wednesday, September 21

Red Chiled Crusted Salmon/Chicken, Rice Pilaf, Fresh Broccoli, Dessert: Lemon Meringue Pie,
 Kids- Chicken Nuggets, Tater Tots, Broccoli, Fruit Cup

Wednesday, September 28

Spinach Salad, Herbed Roast Beef, Cheesy, Bacony Red Bliss Potato, Green Bean Saute, Dessert: Strawberry Jell-O with Whipped Cream
 Kids- Roast Beef with Gravy, Cheesy, Bacony Red Bliss Potato, Steamed Green Beans, Strawberry Jell-O

COLUMBIA BAPTIST CHURCH

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Dr. James E. Baucom, Jr., Senior Pastor



IGNITING PASSION FOR JESUS CHRIST
FROM METRO WASHINGTON TO THE WORLD

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<i>Director, Missions & Evangelism</i>	
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<i>Pastor for Congregational Care</i>	
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Jim Watson	ext. 255
<i>Pastor for Worship, Music and Arts</i>	

“KINDLING” SPIRITS

A Catalytic Word from Dr. Jim Baucom,
Senior Pastor

January may yet be four months away, but everyone knows that new church years really begin in September. For Columbia, this will be a monumental year, and you would do well to think about your points of personal contact and involvement. Will this be the semester you begin your discipleship Journey With Christ by enrolling in Becoming Intentional (your personal introduction to Columbia and spiritual growth)? Will you be part of one of our new multisite ministries, either as a lay minister or attender? Will you continue to worship on Sunday mornings, or become a Saturday 6:29 attender? Is now the time for you to begin volunteering with children or youth? What about your personal missions involvement? I could go on asking questions, but you get the idea.

There is so much going on at Columbia these days that you need to become a student of the Columbia culture to find your unique place in this local outpost of

Christ's Kingdom. The Catalyst is one of many tools you will find helpful in your studies. We want you to become very aware of every opportunity for ministry and growth that is afforded you as a Columbian.

Perhaps your best opportunity in years to find your own place at Columbia will be our “Living Beyond Myself” emphasis from September 11 through October 2, when our worship services, Bible study groups, and other ministries will be focused on the joyful exercise of spiritual gifts in ministry. Plan now to take part in a huge ministry fair on Sunday, October 2, at 4:00 p.m. that will conclude this emphasis and offer you a chance to find your unique place to serve. Every Columbian is a minister!

On Fire for Jesus Christ,

Dr. Jim