



MARCH 2007

COLUMBIA CATALYST

VOLUME 3, ISSUE 3

THE FIVE LOVE LANGUAGES

By Julia A. Seymour

Love is perhaps the most confusing word in the English language.

So in an effort to help people learn how they express love and understand others expressions of love, Columbia's Crossroads campus hosted The Five Love Languages video seminar for couples and singles on February 17.

The Five Love Languages are words of affirmation, quality time, acts of service, giving gifts, and physical touch, according to counselor, author and pastor Dr. Gary Chapman.

In the video Chapman explained that often people feel unloved by a spouse, parent or child who deeply loves them because they are not speaking the same language, and therefore missing each other emotionally.

"I think this should be a prerequisite for marriage counseling" said attendee Jane Jongolee, "The counseling I went through was only about goals, not about this."

In addition to watching Dr. Chapman's video, those who attended were given the opportunity to learn their own love language by filling out a profile in the workbooks and there were discussion questions to go through at each table.

About 75 people turned out for the Saturday morning conference, among them was Lisset Ramirez and her father Carlos Ramirez.

"It was an eye-opener," said Mr. Ramirez, "I didn't realize that each of those things [the five languages] were expressions of love." Ramirez learned that his primary language is touch, but his wife's is acts of service and his daughter's language is quality time.

Miss Ramirez said the seminar helped her understand how to better relate to her parents: "They each have a [love] language different from each other and from me which can cause misunderstandings."



Jane Jongolee peruses the books that were available for purchase at the seminar. Jane came to the seminar after seeing the poster and brochure on the ministry wall at Columbia's Falls Church campus where she attends Bible Study Fellowship on Monday evenings.
Photo credit: Terry Wingfield

One married couple, Knox and Shelley Thames came to the event and said that some of what they learned was expected, but that there were definitely some surprises.

Shelley said that for her it wasn't learning the languages, but evaluating how well she is practicing them.

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Engaged couple, Nicole Hautala and Ben Burgin review their answers to the Love Languages profile.
Photo credit: Terry Wingfield

AN EVENING OF PRAISE

Columbia @ Crossroads is pleased to offer a special opportunity for worship on Friday, March 16, at 7:30pm, in the unique setting of the Crossroads Worship Center.



An Evening of Praise will be led by one of the Crossroads praise bands and will feature congregational songs, scripture readings, and short video presentations. Following the worship time there will be light refreshments.

Invite your friends! Everyone is sure to enjoy the singing and fellowship.

**Join us for Lunch and a Business Meeting:
Sunday, March 18
12:45 p.m.
in Stephenson Hall**

**Sermon Series for the Lenten Season:
24: A Look at Jesus' Last 24 Hours on Earth
March 11: Last Supper
March 18: Gethsemane
March 25: Trial/Torture
April 1: The Cross
April 8: The Resurrection
April 15: Mary
April 22: Thomas**

AVAILABLE IN THE COLUMBIA BOOKSTORE

Apparently, you really like lists, don't you? Our Bookstore article last month featured books that contained lots of lists, and many of you came by to look at them and take them home. So, here is another collection of lists—put it on your list to come visit the Bookstore!

Lists to Live By by Alice Gray

If it really matters you'll find it here. You name it and this book has it. Within these pages are two hundred lists filled with powerful wisdom that will change your life. More than trivia, they are timeless truths. More than words, they are motivation for success. More than another collection, they are a treasure of inspiration and practical advice you'll come back to again and again. From family to friendship, contentment to virtue, wisdom to love, these are lists to make your life easier, richer, and truer. Some will cause you to reflect. Some will bring excitement. Some will make you smile. Some will move you to action. And most assuredly, some will change your life.

Lists to Live By, The Christian Collection by Alice Gray

From the compilers of the popular Lists to Live By series come 200 powerful lists by some of the industry's top Christian speakers and authors, including Chuck Colson, Joseph Stowell, Max Lucado, Pat Robertson, Shirley Dobson, Henry Blackaby, Dennis Rainey, Bill Gothard, Rick Warren, John MacArthur, Chuck Swindoll, and Bruce Wilkinson. The lists are divided into twelve easy-to-reference sections, with topics like virtue, prayer, faith, Christian marriage, God's wisdom, worship, fellowship/community, heaven, and family. Full of humor, insight, and practical advice, these lists will deepen faith, strengthen relationships, nurture hope, and build character.

Lists to Live By for Simple Living by Alice Gray

In our fast-paced, complex world, we all are looking for stillness, harmony, gentleness, and peace. The beauty of these eighty thoughtfully chosen lists is that they use simplicity to bring you simplicity – condensing essential information into one-or-two-page lists. The gateway to the path of peaceful living is found in the collection you currently hold! As your life becomes balanced instead of hectic, you will escape the tyranny of the urgent and be able to focus on the things that really matter.

Lists to Live By for Smart Living by Alice Gray

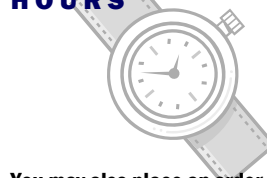
If you can't keep up with all there is to read, then relax. The compilers of Lists to Live By have sifted through all the information that is not read, not understood, not believed, and not significant – and what remain are eighty essential, powerful, and easy-to-read lists for people who want to live a smart life. If you read them, use them, and live them, you will become successful where it really matters – family, friendship, health, finance, business, wisdom and faith.

Life's Ultimate To Do Be List

Has the chaos of life caused you to lose focus and forget that calm sense of peace and purpose you once felt? Has your life and work become one long "to-do" list? At times, do you feel more like a human 'doing' than a human being?

In *Life's Ultimate To Do Be List*, you will discover the joy of trading your ever-present list of activities and 'ought to's' for God's revelation of significance, purpose, and destiny. This powerful book will challenge you to become aware of God's presence and His unconditional love for you. And it will help you to embrace His divine stamp of approval on who you are, so that your search for significance will turn from endless doing to purposeful being.

BOOKSTORE HOURS



Sundays 8 a.m.—1 p.m.

Mondays 6 p.m.—9 p.m.

Wednesdays 4 p.m.—7:30 p.m.

Other hours, by request

You may also place an order by emailing:

bookstore@columbiabaptist.org

Remember: Anything can be special ordered and, if requested, shipped directly to your home.

The Columbia Bookstore uses the same distributors as major book chains – if they can get it, we can get it!

LOVE LANGUAGES *continued from front page*

At the end of the seminar, Rev. Nancy Walker announced that Columbia is in the early planning stages of a marriage mentorship program.

"Families in the body of Christ often wait too long to speak up if they are struggling because they do not

think others in the body face the same struggles," said Walker who is Pastor of Congregational Care at Columbia.

Couples willing to devote time to meet with soon-to-be married and newlywed couples should contact her at 703-534-5740 extension 266 or email, nwalker@columbiabaptist.org.

Training for the mentoring couples would be provided by the church.

Crossroads' Pastor Greg Loewer emceed the event. Many others from the Crossroads campus helped make this event a success. Janet Loewer and Nancy Graves used lively decorations and a

tasty continental breakfast to create a warm welcome. Karen Horsley, Treste Loving, Erin Noble, and Caroline Tirona also helped with seminar preparation, registration, the book table and more.

The positive feedback from this seminar means we will most likely offer it again.

EVERY MEMBER A MINISTER—SPOTLIGHT ON CROSSROADS SUNDAY MORNING MINISTRY TEAMS

This month we highlight the Sunday Morning Ministry Teams serving at the Crossroads Campus. This group of teams includes the Children's Ministry Team, Hospitality Team, Greeter Team, Audio Visual Team and the Worship Team.

Sunday mornings at Crossroads begin about 8:30 a.m. when the Hospitality Team arrives to turn on the heat and lights and begin their ministry. Chuck Smith leads this team of dedicated lay ministers, along with the help of Bubba Harper who also leads the Greeter Team. The team works to set up the coffee and food.



Always happy to serve, Chuck Smith makes a fresh pot of coffee each Sunday morning.
Photo Credit: Terry Wingfield

Once the food is ready and the coffee is brewing, they make sure that they have people in place to greet guests as well as members and attendees. Bubba notes, however, that "the Warm Welcome ministry is not confined to starting at a certain time. We greet our music ministry team first thing and then greet the Sunday Ignition Group attendees around 9:10, and others who show up to do their piece. Simply put, we greet our other ministry brothers and sisters first and then around 10:00, start greeting others."

Once the Hospitality and Greeter teams have created the Warm Welcome, the Audio Visual Team, led by Bob Martin, begins to work their magic – coordinating the sermon on video, as well as all the sound equipment. This team is key to the service at Crossroads, ensuring that the sermon can be viewed clearly, the words to the songs are projected properly and the Worship Team's microphones and other equipment are set up and mixed appropriately.



Bob Martin and G.A. Franz at the Crossroads' nerve center: the sound board.
Photo Credit: Terry Wingfield

With Audio Visual needs in place and the worshipers warmly welcomed, the Worship Team begins to lead the congregation in worship and praise. This team is led by Sandy Stait and features a rotating schedule of musicians and leaders including lay ministers from Crossroads as well as Columbia's Hispanic PM and Brazilian congregations. This exciting mix gives a lot of variety to the worship week to week. Kevin Hood also gives

leadership to the various facets of the worship experience. Says Sandy, "It is such an encouragement to me to have people come forward who are willing to give the talents and time to enrich our time together."

After the opening praise songs, something very special happens at Crossroads: the children leave to attend their own special Sunday morning time. Led by Sharon Daniel and Leah Partridge, this energetic and dedicated team of adults is waiting at the rear



Erin and Eric Noble, and Sandy Stait lead worship and praise at Crossroads.
Photo Credit: Terry Wingfield

of the worship center "to herd the children to various locations. The children in preschool head off to the room "Under the Sea." There they encounter Jesus through a Bible story, crafts, snacks, and play. They love it! Meanwhile the children in first through fifth grade race to the "Living Room" where they learn about Jesus through interactive DVD series, games, crafts, discussion, and prayer."



Kids in the Living Room at Crossroads enjoy teaching by Leah Partridge and Laura Allen.
Photo Credit: Terry Wingfield

Says Leah Partridge, "The excitement of the children to participate in Crossroads' Sunday morning Children's Ignition Groups is contagious. They run from the Worship Center to join their leaders. The greatest blessing I have is to see the children in the grade school ministry develop and grow as we learn how Jesus makes a real impact in our daily lives. They "get it", and they challenge me to "get it" too."

When asked about their overall commitment to Columbia @ Crossroads, this is what a few of the team leaders had to say: "The way each ministry team helps other ministry teams speaks volumes about how committed we are to our success, and speaks volumes about the enthusiasm each of us has for serving others," says Bubba Harper. Chuck Smith shared, "almost any and all of the Columbia @ Crossroads folks participate whenever, and wherever there is a need to initiate Columbia's Warm Welcome with love, enthusiasm and joy. It's a fun time together, and we get to be part of an exciting new adventure." Leah adds, "Crossroads is a place of growth, of dreams, of vision. I can't imagine working with a better group of ministers for Christ. Add in a group of children who put up with crazy lessons (like licking a lollipop and making someone else hold it, creating our own play, and even walking in paint) and join in, I

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Children's Ministry Team Members (including Preschool, Grade School and Middle School) Sharon Daniel, Nancy Graves, Jim Wingfield, Gwenda Ayers, Leah Partridge, Laura Allen, Lisset Ramirez, Erin Noble

Hospitality and Greeter Ministry Team Members

Bubba Harper, Chuck Smith, Glen Smith, Sharon Daniel, Janet Hutchison, Jorjanne Hanlin, Delores Franz, Richard Thomas, Jen Lehnert and sons Talesin and Devin

A/V Ministry Team Members

Bob Martin, G.A. Franz, Reed Rogers, Chris Wingfield

Worship Ministry Team Members

Sandy Stait, Kevin Hood and his band, Kelly Bickford, Eric and Erin Noble, Taryn Stait, Lani Stait, Steve Ayers, Beth Cole, Jay McAdams, Gustavo Ceballos and the band from the Hispanic PM service, Alvaro Monroy, Josue Escobar, Moses Santos

MOMMY! MOMMY! MOMMMY!!!

By Erin B. Link

Sound familiar? Need some time to yourself? Ten years ago Columbia member Joni Foerter certainly did.

"After a hectic day of running errands with three children under the age of three, I barely made it back into my driveway before I burst into tears. I sat in the car and sobbed. So I called my mom looking for sympathy," Joni remembers. "She said to me, 'Why are you crying about this? Do something about it.'"

So Joni, now the mother of four, did.

"I was a stay-at-home mom, which was the right choice for our family, but my sanity was slipping away," Joni now says with a laugh. "So I started a mother's day out ministry at Columbia to help myself and moms like me. I know that over the past almost 10 years, Little Lambs has helped a lot of families with toddlers make it through those fun but very challenging years."

Since 1998, the Little Lambs cooperative mother's day out program has ministered to Columbia families with young children as well as many families from surrounding neighborhoods.

"It's a great opportunity for my son James and me to have some time apart, since we are together 24 hours a day, 7 days a week," says Amy Pearce, mother of two.

Little Lambs Cooperative Mother's Day Out Ministry Falls Church Campus Room 235

Hours of Operation:

9:00 to 12:00

Days:

1 day/week = Friday

2 days/week = Monday and Tuesday

3 days/week = Monday, Tuesday and Friday

Sessions:

Winter Session: January through May

Summer Session: June through August

Fall Session: September through December

Cost:

One-time-per-family registration fee = \$25

1 day/week = \$25/month

2 days/week = \$50/month

3 days/week = \$75/month

While offering parents one, two or three "mornings out" each week, Little Lambs staff and parent volunteers provide a safe environment in which children ages one to three learn social interaction, creative play and biblically-based values. A typical morning at Little Lambs involves free play, craft and snack time, and play time outdoors or in an indoor playroom.

"It's a fun, safe place for James to learn to adapt to other environments and people. I also get to have some time alone with my younger son Gus, to either run errands or just relax," Amy says. "And someday, when Gus is ready for Lambs too, I'll actually have some time alone!"

Little Lambs parents typically work in the classroom once or twice a month, depending on how many days per week their child attends. Parents work together to facilitate each day's activities. Working parents are welcome as long as they are available to perform the co-op responsibilities.

Anna Novak, the ministry's volunteer director, joined Little Lambs in January 2000 with daughter Parker, who is now eight. All three of her children have since graduated from Little Lambs and attended or currently attend Columbia's preschool.

CDC (Child Development Center) Director Kris Solberg says, "Little Lambs operates on its own but is supported by the CDC. It's a very meaningful ministry that gives toddlers a fun opportunity to grow socially. But probably even more importantly, it's a great support network for parents, especially mothers. We'd really like to see more Columbia families get involved and take advantage of this ministry."

Little Lambs is currently enrolling for its summer (June through August) and fall (September through December) sessions. Members of Columbia receive priority registration. An often-lengthy waiting list is maintained for each session. Children who are at least 12 months of age but not yet three years old on the first day of each session are welcome to enroll in Little Lambs. Enrolled children may participate until they qualify for preschool.

To learn more about enrollment, please contact Erin Link at (703) 528-2632 or email her at erinroblink@aol.com.



Little Lambs enjoying craft time.
Photo Courtesy of Erin Link



19-month-old James Pearce plays in his bumble bee costume after the "Let's Pretend Day" parade in October.
Photo Courtesy of Erin Link



Anna Novak, who currently directs Little Lambs, with her former Lambs: William, age 6; Parker, age 8; and Michael, age 4.
Photo Courtesy of Erin Link.

KIDS PRAISE: ART-IS-IN PERFORMING ARTS CAMP THIS SUMMER

July 23-27, 2007, 9:00 am – 3:00 pm

Final Performance Friday night, July 27

The camp is for children who have completed Grades 1-5. It is sponsored by Columbia's KIDS PRAISE! children's choirs, Columbia Institute of Fine Arts, and Columbia's Summer Day Camp.

Cost is \$100 for the first child, \$75 for each additional child in the family. The registration fee includes lunch and snacks each day, a t-shirt, a singer's book and listening CD of the musical, costume rental, and supplies.

Registration will begin this month, so watch for online registration information and brochures on the Ministry Wall.

Wondering what's happening with Children's Ministry at Columbia's Falls Church Campus?

Attend the March 18th Business Meeting to hear about the lay driven Children's Ministry Council.



LOOKING FOR A FUN AND REWARDING SUMMER TRIP?

Join us as we minister in the Appalachian region of East Tennessee from **July 1 – 7, 2007**. We will be performing light construction and other home repair projects to improve the lives of those in need. No experience needed.

This is a great trip for families to attend together. Children and youth attend at a reduced cost and experience hands-on ministry and the joy of serving. The trip is open to everyone and we are excited to have a large group of Columbians joining us.

For more information on Appalachian Outreach, the organization that we are partnering with for the trip, see their website at <http://web.cn.edu/ao/>

Danny and Jeanine Aronowitz are leading this trip. For more information, contact them during the day at 703-534-5740 x272 or jaronowitz@columbiabaptist.org or in the evenings at 703-534-6094.

Volunteer Spotlight continued from page 3.

can't go wrong. I have learned many lessons, both from the children and from other ministers. Working in the Living Room has helped me grow in my faith in my Savior and my mission to reach children with the love of Jesus. It's an exciting opportunity for ministry and we can always use more hands!"

Would you like to be an additional "hand"? You are invited to visit Columbia @ Crossroads any Sunday for worship at 10:30a.m. You might just be surprised at what you find there. Even if you don't expect to stay and serve, the teams would welcome your visit so that you can see first hand the ministry that has been launched and know how to be praying for the Columbian's ministering there.

To learn more about any of the ministries mentioned here or other serving opportunities at Columbia @ Crossroads, please contact one of the team leaders or members or Greg Loewer, Crossroads' Host Pastor at gloewer@columbiabaptist.org or 703-534-5740 x262.

THE WAY OF THE CHILD CONTEMPLATIVE RETREAT: A RETREAT FOR ALL

March 30-31, 2007

In the family of God **we are all God's children**. Come explore new ways to experience his Presence through prayer, meditation, reflection and more. Discover more about how you pray. Begin to pray by gazing, and using your body. Gain a better understanding of how to pray using scripture. This is to be a time not just to learn, but also to experience prayer in fresh new ways.

This Contemplative Retreat is for God's **children of all ages**: adults and youth, singles and families with elementary aged children. Children who are a part of *The Way of the Child* on Wednesday evenings are encouraged to bring their parents to share in this prayerful experience with them.

Cost for adult is \$30; cost for children under 15 is \$20. There are several rooms where parents and children can stay together. Sign up early if you want to reserve a private room. You can register online at www.columbiabaptist.org.

The retreat will begin Friday evening and conclude Saturday evening. If you have any questions please contact Sandi Rogers, srogers@columbiabaptist.org, 703-534-5740 x265 or LuAnn Carrig, bobaluresort@aol.com.



The Spring Ministry XPO is coming!

Falls Church Campus:
Saturday night, April 14th
and Sunday morning,
April 15th

Crossroads Campus:
Sunday morning,
April 22nd

Stay tuned for more details and plan on joining us for this exciting time of discovery at Columbia!

METRO MISSIONS FOR MARCH AND BEYOND

Metro Missions gives the Columbia family the opportunity to minister to others in the community through projects such as soup kitchens, Habitat for Humanity, and coat collections for the homeless to name a few. The opportunities are endless! The time commitments are generally designed to be one whole day or part of a day in and around our local Metro DC area.

If you are interested in joining us or would like more information, contact Michelle Tennison, jmtennison@verizon.net.

March Metro Missions Activities

Wednesday, March 28 - 5 p.m. - 9 p.m., Capital Food Bank Help make a difference by sorting and stocking food at the Capital Food Bank in Washington, DC. Meet at 5 p.m. in the parking lot at Columbia's Falls Church campus to carpool to the Capital Food Bank. Return to the church by 9 p.m.

Thursday, March 29 - 9 a.m. - Noon, Food & Friends Help make a difference in the lives of others by delivering food through the Food & Friends program. We need 5 to 10 volunteers and 2 cars. Meet at 8 a.m. in the parking lot at Columbia's Falls Church Campus to carpool to Food & Friends, receive directions and food to deliver. Return to the church by noon.

Saturday, March 31 - 9 a.m. - 1:30 p.m., Christ House Help make a difference by helping Christ House with small work projects at their facility. Finish the job by having lunch with the patients. Five to six volunteers needed. Meet at 8 a.m. at Columbia's Falls Church campus parking lot to carpool to the Christ House. Return to the church by 2 p.m.

Saturday, March 31 - 6 p.m. - 8 p.m., Bailey's Crossroads Shelter - Help make a difference in the lives of others by providing and serving food to 75 homeless individuals at Bailey's Crossroads Shelter. Food needed is for 75 people: Meat, vegetable, bread, salad and dessert. Ten volunteers needed. *Please contact Michelle Tennison by March 25* to coordinate food to be provided as well as volunteers needed to deliver food and serve.

May Metro Missions Activity

Date TBD - Habitat for Humanity project - 30 volunteers needed

July Metro Missions Activity

Date TBD - 859 House Saturday lunch or project - 15 volunteers needed

Continue to check the ministry wall and this newsletter in the coming months for more details about upcoming Metro Missions activities.

INOVA BLOOD SERVICES SET FOR APRIL DRIVE AT COLUMBIA



Columbia's Parish Health Ministry Team is hosting a blood donor drive at the Falls Church campus on Wednesday, April 25 from 4-8 p.m.

in Rooms 146/149 (the last appointments are at 8.). Please watch for details to sign up to donate blood. For more information please contact Nancy Walker, Pastor for Congregational Care, at 703-534-5740, ext 266 or nwalker@columbiabaptist.org.

55-ALIVE SAFE DRIVER PROGRAM

APRIL 25-26, 10 a.m.-3 p.m., room 229

All are welcome, but this AARP course is specifically designed for drivers over 50. Graduates of the course may be eligible for a discount on car insurance. **Cost is \$10 for materials; checks should be made out to AARP.**

To register contact Betsy Pankey, 703 534-5700 x263, bpiskey@columbiabaptist.org, or go to the Information Center at Falls Church.

CROSSROADS UPDATE

Has it been a year already? Almost! In some ways it's hard to believe that Columbia @ Crossroads will celebrate a whole year of life and ministry on April 15, just a week after Easter. God has blessed in countless ways, through prayer meetings/walks, work days, renovations, outreach mailings, door to door campaign, banners, team enlistment, personal invitations, planning sessions, newsletter articles, and more.

The original Launch Team has completed its initial task, and now most of these dedicated Columbians are serving on various Crossroads ministry teams. In addition, persons who are new to Crossroads are also getting involved in ministries, on Sundays and during the week.

Columbia's entrepreneurial spirit and a DNA of mission venture willing to experiment for Christ's Kingdom has resulted in our first multi-site congregation. And things are progressing. "It's a God-thing. The Lord is at work, as He uses people who are available to Him," says Greg Loewer, Host Pastor of Crossroads. "Thanks to all who have helped and to those who are now serving. Keep Crossroads in your prayers."

For Women Only . . .

TUESDAY MORNING BIBLE STUDY

Beginning Tuesday, March 17, 7:30 – 8:30 a.m., Room 230

Walking with God: From Slavery to Freedom Living the Promiseland by Mindy Ferguson

Enjoy some coffee or tea and an amazing intergenerational group of women as they explore how Joshua was a man who walked with God. His life, and the lives of the Israelites, often paralleled the spiritual battles and struggles you encounter as you walk with God today. You might even be surprised to recognize a little of yourself in Joshua. He was passionate, and at times presumptuous. He set his heart on obedience, but sometimes he struggled to be “strong and courageous” as God commanded him.

God promised Joshua and the Israelites an inheritance in the land of Canaan. But in order to receive that inheritance, they had to decide to leave Egypt behind and walk with Him into the land of promise. Sometimes they followed Him obediently and without question. Other times they chose their own way. Each decision impacted their journey.

In this study, you’ll find that God has given you, too, a designated area where you can flourish as you use your gifts and talents. You’ll recognize how He is preparing you for your future, just as He prepared Joshua. You’ll see how He can use each experience, good or bad. And you’ll learn how, like Joshua, you can walk with God every day of your life.

WOMEN’S RETREAT APRIL 27-29

The Bloomery – Where Women Blossom in Faith and Friendship.

Make plans now to attend this lush and lively garden getaway. Cost: \$80. Registration begins March 18th, at the Information Desk or online; space is limited this year, so sign up early. Contact Sandy Tarpinian for more information. Sponsored by the Women’s Ministry Team.



PILLARS OF FAITH BREAKFAST

The women of Columbia are invited to a potluck breakfast on **Saturday, March 10, 8:30 a.m.** in the “Dining Room” at Columbia’s Crossroads campus. Come hear one of our pillars of the faith, Rachel Farris, share how God is working in her life. Bring your favorite breakfast casserole, muffins, fruit or whatever you like to eat for breakfast. We will share our food and the rich fellowship we have in Christ. Sponsored by the Women’s Ministry Team



WEDNESDAY NIGHT BIBLE STUDY

April 18 – June 20, 6 – 7:30 p.m. - Room 229

Beloved Disciple

Each week enjoy Columbia’s wonderful Wednesday night supper with a amazing group of women as we listen to Beth Moore bring her dynamic teaching and passion for God’s Word to the life of the apostle John in *Beloved Disciple*. Through her personal study of this extraordinary biblical figure, Moore conveys that John had the God-given gift of seeing a larger picture, and that his love relationship with Christ profoundly influenced everything he did and wrote.

In *Beloved Disciple*, women will get to know the one the New Testament calls the beloved disciple. We will explore the depths of John’s relationship with Jesus Christ, viewing our own relationship with Christ as unique from all others. Join Ruth Claussen, Lori Bejjani, Laurie Prather, Debbie Jaeger, Heather Mayhew and Sandi Evans Rogers for a great journey toward becoming “beloved disciples” and discover how to allow God to establish a love relationship with Christ as the motivation for all you seek and do.

LOOKING FOR COMMUNITY?

Looking for community? A place to belong in the family of faith at Columbia? Ignitions groups are a great way to find that connection. We have a variety of Ignition Groups, different dates, time, curriculum, but the same purpose to draw you into a deeper relationship with Christ and our family of faith at Columbia. Here are some of the opportunities you have to choose from:

Sermon-based (using Ignition Notes based on Sunday's sermon teaching):

- Intergenerational Women, **Sundays, 9:30 a.m.**, facilitated by Helen Hall and Ann Rutherford, room 147 at Columbia@Falls Church.
- Married Couples, **Tuesdays, 7 p.m.**, facilitated by Sandi & David Rogers, 6738 Fern Ln., Annandale, VA 22003. Call Sandi and David at 703-533-7936.
- Intergenerational, **Thursdays, 7:30 p.m.**, facilitated by Laura & Eric Reiser, 310 N. Maple St., Falls Church, VA 22046; 571 215-0344.

Affinity Groups

- Young Women, **Saturdays, 5 p.m.**, facilitated by Nancy Walker, Rm 230, Falls Church Campus, studying 17 Roadblocks on the Highway of Life (And How to Move Around Them).
- Intergenerational Women, **Sundays, 11:15 a.m.**, facilitated by Debbie Baucom, Brenda Belote and Sandi Evans Rogers, studying Women of the Bible: room 127 at Columbia@Falls Church.
- Men, **Tuesdays, 7 a.m.**, facilitated by Jason Workmaster, Room 201 at Columbia@Falls Church.



- Intergenerational Women, **Tuesdays 7:30 - 8:30 a.m.** - Room 230 @ Falls Church,
- Intergenerational Women, **Tuesdays 7 - 8:30 p.m.** - facilitated by Judy Eady & Laurie Prather, studying More Bad Girls of the Bible, 1109 Carper St, McLean, VA 22101, 703-942-6108.
- College/Young Adult, **Tuesdays, 6:30 p.m.**, facilitated by Nicole Hautala & Ben Burgin, 301 N. Washington St.

- Intergenerational Women, **Wednesdays, 6-7:30 p.m.**, studying "The Beloved Disciple," by Beth Moore, Room 229 at Columbia@Falls Church
- Intergenerational Men, **Wednesdays, 6-7:30 p.m.**, facilitated by Dick Cornelius, studying "The Quest for Authentic Manhood," by Robert Lewis, Room 230 at Columbia@Falls Church.
- Men, **Wednesdays, 6:30 - 8 p.m.**, facilitated by John Stait, Room 323 at Columbia@Falls Church.
- Men, **Thursdays, 7 a.m.**, facilitated by Denton Lotz, Room 230 at Columbia@Falls Church.

Special Studies

- Ephesians, **Sunday mornings, 9:15**, facilitated by Bryan Robles, a study for adults, room 24 Columbia@Crossroads.
- Stories at the Heart of U2 Songs, **Thursdays, 7:30 p.m.** facilitated by Bill & Nancy Graves, 7212 Deborah Dr. Falls Church, VA, 703-573-6602

OUR LANGUAGE CONGREGATIONS

Arabic Congregation

Sunday 5:30 pm Worship, Chapel
Friday 7:30 pm Bible Study, Rm 108

Brazilian Congregation

Saturday
7:00 pm Encontro de Adoracao, Chapel

Hispanic AM Congregation

Sunday
9:30 a.m. Culto en Espano, Chapel
11:30 am Escuela Dominical Rm 309

6:30 pm Estudio Biblico, Rm 309
Wednesday 7:00 pm Culto de Oracion, Chapel

Hispanic PM Congregation

Sunday
2:30 pm Bible Study, Rm 127
3:30 pm Worship, Stephenson Hall
Wednesday 7:00 pm Prayer Meeting, Rm 308

Korean Congregation

Sunday
11:30 am Worship, Chapel
1:30 pm Bible Study, Rm 103
Wednesday 7:30 pm Rm 309

Russian Congregation

Sunday 1:30 pm Worship, Chapel
Wednesday 7:00 pm Prayer Meeting & Bible Study, Rm 109

Vietnamese Congregation

Sunday
2:00 pm Bible Study, Rm 109
3:30 pm Worship, Chapel
Thursday 7:30 pm Prayer Meeting, Chapel

SUN	MON	TUE	WED	THU	FRI	SAT
MARCH 2007				1 Deacon's Meeting, 7 pm, Rm 229	2 Orchestra Retreat, Retreat Center	3 Orchestra Retreat, Retreat Center
4 Regular Sunday Worship and Activities Youth Parents Meet- ing, 1pm, 301 N. Wash. St.	5	6	7 Regular Wednesday Evening Activities	8 First Place, 7 pm, Rm 127	9 Youth: Mark Matlock/ Planet Wisdom, 3:30 pm, Off-site Stoner Class Retreat, Retreat Center	10 Ushers/Greeters Breakfast, 8:30 am, 228CD Pillars of Faith Breakfast, 8:30 am, Crossroads Youth: Mark Matlock/Planet Wisdom, Off-site Stoner Class Re- treat, Retreat Center
11 Regular Sunday Worship and Activities Finance Committee Meeting, 12:45 pm, Rm 229	12	13 Women's Book Club, 7pm, Parlor	14 Regular Wednesday Evening Activities	15 Columbia Travel- ers' Trip to Marine Corps Museum, 10:30 am	16 Evening of Praise, 7:30 pm, Crossroads Scrapbooking Retreat, Retreat Center	17 Scrapbooking Retreat, Retreat Center
18 Regular Sunday Worship and Activities Luncheon and Busi- ness Meeting, 12:45 pm, Stephenson Hall Scrapbooking Retreat, Retreat Center	19	20 Columbia Coaches Meeting, 7:30 pm, Rm 127	21 Regular Wednesday Evening Activities Women's Ministry Team Mtg, 5:30 pm, Rm 127 Missions & Evangelism Leadership Council, 6 pm, Rm 202	22 GriefShare, 7pm, Parlor/Rm 222 First Place, 7 pm, Rm 127	23	24
25 Regular Sunday Worship and Activities	26	27	28 Regular Wednesday Evening Activities Metro Missions: Capital Food Bank, 5 - 9pm	29 Metro Missions: Food & Friends, 9 am - noon	30 Way of the Child Contem- plative Retreat, Retreat Center	31 Way of the Child Contemplative Retreat, Retreat Center Heart and Soul Gospel Choir Mission Trip to New Orleans Departs Metro Missions: Chris House, 9am- 1:30 pm, or Bailey's Crossroad Shelter, 6 pm-8 pm.

**WEDNESDAY
DINNER
MENU**

Wednesday March 7
Chicken in Roasted
Mushroom Cream
Sauce
Herbed Pasta
Mixed Vegetable
Medley
Caesar Salad
Assorted Rolls
Choice of Chocolate
or Banana Cream Pie
Kids Menu: Chicken
Pasta, Seasoned
Carrots, Choice of Pie

Wednesday March 14
Herb Marinated
Roast Beef
Cheesy, Bacony Red
Bliss Potatoes
Green Beans with
Bacon and Onions
Garden Salad
Dinner Rolls
Strawberry Jell-O with
Whip Cream
Kids Menu: Beef with
Gravy, Cheesy Potatoes,
Green Beans,
Strawberry Jell-O

Wednesday March 21
Teryaki Chicken
Stir Fried Rice
Glazed Carrots with
Candied Walnuts
Asian Style Cabbage
Salad
Orange Cake
Kids Menu: Ravioli,
Steamed Carrots and
Chocolate Pudding

Wednesday March 28
Home Style Meatloaf
Mashed Potatoes
Succotash
Tossed Salad
Parker House Rolls
Apple Pie with Ice
Cream
Kids Menu: Spaghetti
with Meatballs,
Succotash, Apple Pie
with Ice Cream

Every Week at Columbia

Sundays

8:30 am Contemplative Service
9 am—11:30 am Columbia Café, Rm 229
9 am—9:40 am Children's Choir
9:45 am Celebration Service & Ignition Groups
10:30 am Columbia @ Crossroads Worship
Service
11:15 am Classic Service & Ignition Groups
4 pm Gospel Choir Rehearsal, Rm 124
6 pm Unplugged (Gr 6-8) Rm 142
Beyond the Edge (Gr 9-12) 301 N. Washington

Mondays

9 am Little Lambs, Rm 235
7pm Columbia @ Greenspring Worship Service

Tuesdays

7 am Men's Bible Study, Rm 201
7:30 am Women's Bible Study, Rm230

9 am Little Lambs, Rm 235
6:30 pm College/Young Adult Study, 301 N.
Washington

6:45 pm Tutoring at Crossroads

Wednesdays

5:15-6:50 pm Wednesday Family Dinner, Ste-
phenson Hall
5:45—7:30 pm Children's Programs
6 pm Women's Bible Study, Rm 229
6:30 pm MidWeek Manna, Sanctuary
Soul Café, Stephenson Hall
Orchestra Rehearsal, Rm108
Men's Bible Study Rm 323
Iron Men Bible Study, Rm 127
7:30 pm Sanctuary Choir, Rm124
7:45 pm Wednesday Connections—Single
Adult Bible Study, Rm 229

8 pm Celebration Worship Rehearsal,
Stephenson Hall

Thursdays

7 am Men's Bible Study, Rm 230
7 pm First Place Bible Study, Rm 127
7 pm Grief Share

Fridays

9 am Laity Prayer Group, Rm 203
9 am Little Lambs, Rm 235

Saturdays

9:30 am-noon Columbia Center for Mis-
sions Food Pantry Open, 301 N. Washing-
ton
6:29 pm Worship, Stephenson Hall

COLUMBIA BAPTIST CHURCH

103 West Columbia Street
Falls Church, VA 22046-3481
Phone: 703-534-5700
Fax: 703-536-6757
www.columbiabaptist.org
Dr. Jim Baucom, Senior Pastor



IGNITING PASSION FOR JESUS CHRIST
FROM METRO WASHINGTON TO THE WORLD

“KINDLING” SPIRITS

Ministerial Contacts...

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<i>Pastor for Faith Formation</i>	
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<i>Director of Missions & Evangelism</i>	
Nancy Walker	ext. 266
<i>Pastor for Congregational Care</i>	
Ryan Walker	ext. 254
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Jim Watson	ext. 255
<i>Pastor for Worship, Music and Arts</i>	

A Catalytic Word from Dr. Jim Baucom, Senior Pastor

Holy Week and Easter arrive in just one month, and we will have begun our observances and celebrations by the time you read your next *Catalyst*. We have planned a meaningful week of services and events, including a Believers' Seder (Passover Feast) on Wednesday evening, April 4, and a Good Friday devotional and luncheon at midday on April 6.

I am especially excited about a "tradition" we began last year of worshipping with all of our language congregations on Good Friday night, April 6, at 7:30 p.m. During this service, each of our seven language pastors will offer a very short message on one of the seven last words of Jesus from the cross. Last year, I discovered that these seven gifted pastors speaking in seven different languages (translated into English) on all of the final words of Jesus in rapid succession made for a powerful presentation of the Gospel. There is an amazing wealth of knowledge and talent in this group. Do not miss this experience!

Leading up to Easter and beginning next week, I will be offering a special series of teachings centered on the final day of Jesus life. As I have watched the popular television program "24," I have been reminded of how much can happen in one full day. Jesus' last 24 hours of life prior to the cross changed history and established our faith. Since I will be using the television series to tie the Passion of Christ to the culture of America in specific ways, I encourage you to invite your friends and acquaintances to our worship experiences from March 11 until April 22.

The holiest and most meaningful season of the Christian year is fast approaching. I look forward to celebrating with you!

On Fire for Jesus Christ,

A handwritten signature in black ink that reads "Jim". The signature is fluid and cursive, with a long horizontal line extending to the right.

Dr. Jim