

This week Dr. Baucom continues his 8-week sermon series, *In and Out*, with his sermon, “*In The Body, But Not Of It*.” Dr. Baucom will focus on **1 Corinthians 6:15-7:5** as he leads us to look through the praxis process of action and reflection as we explore how we use our bodies.

1. As we get closer to summer and shorts and bathing suits come out we often refocus on our bodies. Have you thought much about your body lately? To whom does your body belong?
2. **Read and reflect on 1 Corinthians 6:15-20.** Sit with this passage for a few minutes. Reflecting on your body and how you currently use it, listen for what God might be highlighting for you. Sit with it.
 - **Verse 15** says that our bodies are members of Christ. Read **Galatians 2:20**.
 - According to this verse, who lives in our bodies?
 - How does that make you feel?
 - Go back and read **1 Corinthians 6:13**.
 - What does Paul say the body is NOT meant for?
 - What is the relationship between God and our bodies?
 - What happens when our body physically unites with another through sexual intercourse (**Vs. 16**)? Also see **Genesis 2:24**.
 - With whom does Paul say as believers we are united with (**vs17**)?
 - Think about how you have used your body this week; do you feel you are more one with God than with the world or someone of the world? Why?
 - How strong do you understand Paul’s warning in **verse 18** to flee sexual immorality to be?
 - Does this emphatic warning surprise you?
 - Why or why not?

3. Re-read **1 Corinthians 6:19-20**. Read it again slowly and reflectively. Rest here a moment; and allow this thought to penetrate not only your mind but your heart and soul as well.
 - What does it mean to you that your body is the dwelling place of God?
 - How are you glorifying God with your body?
4. **Read and reflect on 1 Corinthians 7:1-5. If we are married, who has authority over our bodies?**
 - What is Paul’s concern if husbands and wives withhold their bodies from one another?
 - How do you see Satan tempting those in the body of Christ?
 - What effect does it have on our witness to the world?
5. Read **Romans 12:1**, what does it say we are to do with our bodies?
6. What does **Romans 8:10** warn us happens to our bodies because of our sin?
7. Have you even given yourself away too easily? Have you dishonored God with choices you have made with your body? How does **1 John 1:9** say that you can change this?
8. Read the following verses and discover what they say about being united with God:
 - **John 17:21-23**
 - **John 14:20**
 - **Galatians 2:20**
9. **Read and reflect on 1 Peter 1:13-16.**
 - What insight do you gain about choosing to be holy?

Share with your IG what you have learned about the praxis process and how you might use it to make changes in the way you use your body bring glory to God.