

What's Breaking your
Rhythm at Work?



Maestro™
WORKLIFE COACHING

You're ready to start your WorkLife Rhythm™




Congratulations! You have completed your **Work Rhythm Survey** on Maestro, the WorkLife Coaching System. The Survey has pinpointed your Top 3 WorkLife Issues and now you're ready to grow in those work issues to better practice a Work Rhythm that glorifies God. Below, you will find instructions on your next steps to grow and navigate these work issues.



YOUR NEXT STEPS:

1. Print this page and save for future reference.
2. Click on any of the "[Navigate this issue now](#)" buttons to grow on that issue.
3. Be sure to take the survey again as you top 3 issues can change over time.

Your Top 3 WorkLife Issues from your Survey:

- Do I connect eternal significance to my actual work?  [Navigate this issue now.](#)
- Do I manage stress and discouragement by practicing the principle of rest and recreation?  [Navigate this issue now.](#)
- Do I manage my time without being distracted by unfocused impulses or becoming a slave to my schedule?  [Navigate this issue now.](#)

Got WorkLife Rhythm?

Using Maestro, the WorkLife Coaching System is an on-going process. We all have issues that challenge our rhythm with God at work: different environments and people, skills and challenging situations and behaviors.

Each Tuesday and Thursday will send you a short WorkLife Coaching Session with helpful tips and a directed work prayer. This will encourage you each week to grow in order to navigate your work issues and find answers and resources to assist you.

And of course, come back and take the **Work Rhythm Survey** again to see how you are advancing in your growth. Challenge your friends and co-workers to take the Work Rhythm Survey.

For suggestions on how we could better help you with this coaching system you can email:
info@hischurchatwork.org

Got
Work
Rhythm?
Find Out

What is
Maestro?
Experience

6 Principles
Walk it Out

Top 30 Issues
Navigate

Practical Tools
Dig in Now

POWERED BY
WorkLife